



DAILY VIDEO

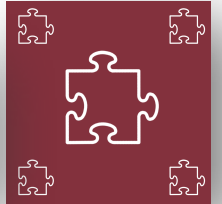
DAY 78

PLAY



Sports Commentator Andrew Cotter Commentates On His Dogs

DAILY ACTIVITY



Day 78

Try another yoga video...

YOGA with ADRIENE



An idea to check out...

Go on a virtual tour of the Smithsonian Museum of Natural History:

<https://naturalhistory.si.edu/visit/virtual-tour>

DAILY QUIZ QUESTIONS



1. What is the name of Postman Pat's cat?
2. What is the name of the underwater city where SpongeBob SquarePants lives?
3. Who is in charge of Thomas the Tank Engine's railway?

Today's Fun Fact

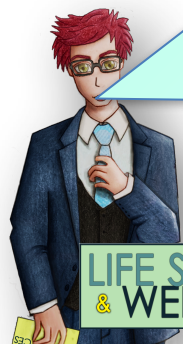


In 1997 a cargo ship lost 4.8 million Lego bits in a storm. They are still washing up today.

DAILY QUOTE

"I am lucky that whatever fear I have inside me, my desire to win is always stronger"

Serena Williams



LIFE SKILLS & WELLBEING

WELLBEING & MINDFULNESS



Simple tip for wellbeing Taking about your problems

Talk about your problems. They can seem much worse in your head, especially if you don't talk about them and let them build up. Find someone you can trust.



Answers to the previous days quiz

1. Theresa May
2. Germany
3. Barack Obama

WORDSEARCH

The objective is to fill a 9x9 grid so that each column, each row, and each of the nine 3x3 boxes (also called blocks or regions) contains the digits from 1 to 9. Solve this Sudoku to work out the 6 digit code needed represented by the six boxes a-f

7	5	4	8		A=	1		3
			7	1				9
1	9			4		8	B=	
2	4	5	1			9	3	8
C=	8				3		6	7
	D=		4	8	9	2		
5	2			7		6	8	
8		9	6			7	E=	
4	6			2	F=		9	1



A =
B =
C =
D =
E =
F =

