Key Stage	Core PE	Topic 1	Topic 2	Topic 3	Topic 4	Topic 5	Topic 6
3	Boys Lesson 1 Lesson 2	Football Henley heart programme	Football/Rugby Gymnastics	Rugby Basketball	Table tennis Handball	Athletics Softball	Cricket Tennis
	Girls Lesson 1 Lesson 2	Netball Henley heart programme	Netball Gymnastics	Fitness Trampolining	Handball Table tennis	Athletics Athletics	Rounders Tennis
4	Boys Lesson 1 Lesson 2	Football Football	Football/Rugby Trampolining	Rugby Basketball	Table tennis Handball	Athletics Softball	Cricket Tennis
	Girls Lesson 1 Lesson 2	Netball Netball	Netball Trampolining	Fitness Table tennis	Handball Hockey	Athletics Athletics	Rounders Tennis

GCSE PE	Term 1	Term 2	Term 3
Year 9	Health, Fitness & Wellbeing	Anatomy & Physiology	Physical Training
Year 10	Movement Analysis	Sport Psychology	Personal Exercise Programme
Year 11	Socio-cultural Influences	Theory & Practical Exams	