



What's on Kooth in March

Find all of this & much
more on **Kooth.com**



March 2

Discussion Board

Team Sports to Lift Your
Spirits

March 4

Podcast

Showing Racism the Red
Card

March 4

Live Forum

Emotions - Alternative ways
to explore and manage

7.30pm to 9pm

March 8

Discussion Board

Let's Hear it for the Girls!

March 9

Live Forum:

Speaking Up about Crime

7.30pm to 9pm

March 14

Live Forum

Neurodiversity Celebration
Week: All kinds of different
minds

7.30pm to 9pm

March 30

Live Forum

Social Takeover: What makes
you, you?!

7.30pm to 9pm

March 25

Live Forum

LGBTQIA+: We Belong

7.30pm to 9pm



Self-Injury Awareness Day

1st March



Visit **kooth.com**
to find **free, safe** and
anonymous mental
wellbeing support.

Eating Disorders

Awareness Week

28th February - 6th March

Visit **kooth.com**
to find **free, safe** and
anonymous emotional
wellbeing support.

